



TITLE: The Paradox of humility and control with Martin Aldergard

When an organization goes through complexity of change, it puts a lot of demand on leaders to lead change in a different way than in the past. To show seemingly opposite styles. But humility and confidence are a powerful combination that shift the dynamics of a team. An effective way of incorporating more humility into your leadership style is by listening more than you speak and by being empathetic to someone else's point of view. Try to take feedback on board without becoming defensive. Reflect on your own strengths and weaknesses and invest in the support of a coach or mentor. Clarify your own personal values and identify what behaviours are aligned with them. Practice appreciation and gratitude by acknowledging individual contributions so everyone feels valued and has a sense of belonging. After all, everyone's a piece of the puzzle and when it fits together, we can do amazing things as a team.

Join me on the podcast with my new guest Martin Aldergard where we discuss a range of topics such as different types of leaders, how to deal with complexity of change, humility in leadership and why it matters.

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I hope you enjoyed this episode of Evolve: A New Era of Leadership. To learn more visit my website: www.carolynswora.com or send me an email to support@carolynswora.com. I'd love to hear from you.