



### **TITLE: Choosing Human-Centered Leadership with Sasil Pir**

I don't believe in the concept of bad leadership. No one comes to work to have a bad day. But people still struggle and it made me wonder why. It made me delve into authentic leadership. Authenticity is not a process of discovery but a process of acceptance. Human beings as a primate have three core motivations: self-interest, our need for connection, and having a purpose that is greater than ourselves. Human-centered leadership means we create individuals or a state of being that honors not only the whole of an individual but also the core of an individual, which is unique for everyone. When studying organizations with sustainable growth and longer tenure, we identified eight core attributes or behaviors. Without these core attributes, your performance suffers and people might not feel heard and leave. It is not the great exit but the great awakening. We discussed the four dimensions, eight core attributes or behaviors, and how living your purpose as a leader allows you to create a shared story.

We discuss:

- The four dimensions and how they affect us all in life and in the workplace
- The concept of social contagion that shows we pick up on each other's energies
- Eight core leader attributes or behaviors to achieve sustainable growth.
- The importance of living your purpose as a leader to create a shared story.
- Our inability to be present in the moment can be a barrier to achieving our core attributes.

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I hope you enjoyed this episode of Evolve: A New Era of Leadership. To learn more visit my website: [www.carolynswora.com](http://www.carolynswora.com) or send me an email to [support@carolynswora.com](mailto:support@carolynswora.com). I'd love to hear from you.