



EPISODE 007: The Proven Tool to Humanize your Workplace with Greg Swaine

Psychological safety in the workplace means you are creating synergy throughout an organization and creating a culture that encourages innovation and belonging, which humanizes the work experience to feel safer. It is not about pointing fingers but about working together for a common cause. Our conversation covers a range of topics such as the definition of psychological safety, the Canadian standard and what the benefits are for both employee and employer alike.

We discuss:

- What psychological safety means for employers and employees.
- Why the Canadian standard is treated as a living organism instead of a one-size-fits-all framework to establish a healthy psychological safety environment which highlights the problem areas in an organisation.
- Frontline level strategies for organisations to address the top 2 problems they face based on employee feedback gathered in real time.
- The benefits and ROI for organizations that invest in improving their psychological safety.

Connect with Greg:

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Website: <http://www.yourhealthspace.ca>

Guarding Minds at Work link: <https://www.guardingmindsatwork.ca/resources>

Employee engagement survey from Guarding Minds:

PHS awareness courses free for leaders and employees:

<https://www.ccohs.ca/products/courses/phs-awareness/>

Being A mindful employee (Free workplace Mental health course for employees)

https://www.ccohs.ca/products/courses/mindful_employee/

I hope you enjoyed this episode of Evolve: A New Era of Leadership. To learn more visit my website: www.carolynswora.com or send me an email to support@carolynswora.com. I'd love to hear from you.