



Unlocking Your Full Potential Through the Enneagram

A 4-week Series
Thursdays, September 24th to October 15th
8:00a.m. - 9:30a.m.

The Enneagram is a powerful, scientifically validated framework. It offers insight into human nature, what motivates us, and facilitates transformational personal growth and development. This workshop is designed to support you on a path of self-discovery to learn: *why* you behave the way you do, and how to leverage the enneagram system to break free from the limitations of your personality.

THE ENNEAGRAM & PERSONAL GROWTH

We all identify with one of the 9 Enneagram archetypes. This archetype shapes our personality, our world view, and our behaviours. By understanding your type, you deepen your self-awareness and can move past the limitations of personality to unlock your full potential.

INCLUDED IN THIS WORKSHOP SERIES

This Enneagram workshop series includes:

- A personalized iEQ9 Enneagram report
- Four (4) facilitated group conversations to unpack the key elements of the report: the passion & virtues, subtype & instincts, centres of expression, and conflict & social styles
- An action plan template to guide and record your desired next steps

Your investment: \$299+HST